



National Sorority
Phi Delta Kappa, Inc.



Esteemed Founders

Gladys C. Nunery, Julia A. Barnes,
(Mother Founder) Gladys M. Ross,
Florence S. Hunt, Ella W. Butler,
Marguerite Gross,
Mildred M. Williams
Not Shown- Edna McConnell

*All are in Omega Chapter

Purpose

- To stimulate professional growth among teachers
- To foster a true spirit of sisterhood
- To promote the highest ideals of the teaching profession
- To encourage the development of the potential of our youth

Chapter Office

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Alpha News

VOLUME V ISSUE 2

OCTOBER/NOVEMBER 2017

We're Off To A Good Start!

The month of October always seems to bring out the beauty and serenity in everyone as we continue to execute our Y.E.S. program for this sororal year. Alpha Chapter hosted the Cluster I Meeting on September 16 in Jersey City at the Hudson County School of Technology with all eight chapters represented. Our Eastern Regional Director, Soror Noreen Little brought us greetings as well as provided tips to improve our Leadership Roles and Responsibilities. Soror Anona Huntley, Eastern Region Member-at-Large stated that she would like to provide assistance and support to all chapters regarding implementation of their Y.E.S. programs as well as Membership Growth. ER Youth Chair (Kudos), Marilyn Jones provided information regarding pertinent forms which should be utilized for the youth groups to provide information. Chapter input was requested with a question/answer period.

Our Youth groups have been very active as usual, starting the sororal year with enthusiasm as new Kudos were inducted on September 24 at the Monumental Baptist Church in Jersey City. The group performed

Community Service at the Food Bank in Hillside, NJ September 30 and participated in the Breast Cancer Walk in Newark, NJ on October 15. In addition, they were exposed to an excellent Financial Aid Preparation at St. Peter's University on October 7.

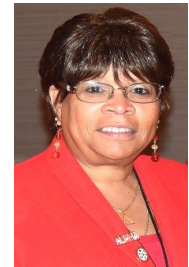
During the month of October we conducted our Annual Teacher-A-Rama, at the Hudson County School of Technology. Our theme was "Healthy Bodies and Healthy Minds." The focus this year was centered around understanding how to keep ourselves physically, mentally and nutritionally healthy.

Our Health, Nutrition, and Hypertension committee as well provided a list of Healthy food tips to all chapter members, and a "Must Do Health Screenings." at our chapter meeting. Thank you, to all for the exposure to information in keeping us knowledgeable and healthy.

Let us congratulate Soror Jessie Wilkerson for being honored by Delta Pi Chapter for her outstanding educational service as a teacher and her commitment to the Retired Educators of Essex County at their Annual Awards Breakfast October 28 at the Newark, NJ

Marriot Hotel.

Yes, the sororal year is off to a good start as well as a busy one; but again I ask for all Alpha Chapter Sorors to commit themselves to supporting our events and activities. We need the assistance of every one in our "Pursuit of Excellence." Our success takes the entire village of Alpha Chapter, not just a few. Sorors, Let's continue to commit to "Chapter Growth" and "Foster the Spirit of Sisterhood" by communicating our sorority's ideals and accomplishments in our schools, with our families, and in our churches as we celebrate Sharing and Giving. May you have a Happy Thanksgiving with safe travels, Love, Peace and Joy.



With Sisterly Love,
Gwendolyn L. Jackson
Basileus

Remembering Our Red and Gold Soror



dedicated, active member of Alpha Chapter for many years, working in numerous capacities.

Words of the Resurrection and Life were given by Rev. Dr. Stanley Hearst II, Pastor who stated in his remarks that our hope is in the reality of resurrection.

Soror Wright's daughter, Rev. Dr. Carletta Hamilton Aston provided **Words for My Mother.** In doing so she provided five focal points of her mother's life: She had a commanding presence, she was an incredibly talented musician, she had a stellar career as an educator, she was a world traveler, and most importantly,

she had an intimate relationship with the Lord.



Soror Wright's teaching career began in Little Rock, AR around 1940. For several years she ran a private nursery school from her home in Jersey City, NJ. She worked in the Newark, NJ Public School System from 1953 until her retirement in 1986.

Alpha Chapter Officers

Basileus Gwendolyn L. Jackson
1st Anti-Basileus Perry L. Jackson
2nd Anti-Basileus Mary E. Ennon
3rd Anti-Basileus Stacey Abdul-Qawi
Grammateus Lavetta Scott-Ross
Epistoleus Francenia Britton-Sheppard
Tamiouchos Diana Ondande
Tamias Gail Andrew
Properties Manager Doreen Bryant
Executive Advisor Sandra Webster
Parliamentarian Verna Sims

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Member-at-Large Anona Huntley
Grammateus Donyele Wilkerson
Epistoleus Cheryl Calicott-Trawick
Tamiouchos Veronica Sawyer-Boyd
Tamias Cassandra Holcomb
Executive Advisor Drusilla Kinzonzi
Parliamentarian Carolyn Gibson

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1st Supreme Anti-Basileus
Margarette Galloway-Southwest
2nd Supreme Anti-Basileus
Myrna Robinson- Southeast
Supreme Grammateus
Margie McDaniel- East
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Supreme Tamiouchos
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Supreme Tamias
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Director of Public Relations
Queen Malone-East
Executive Advisor
Charlotte M. Williams- East
Supreme Parliamentarian
Frances Faulks- Southeast
Headquarters Office Manager
Leatha Brooks- Midwest

Editor: Soror Mary Ennon



Contributors: Basileus Gwendolyn Jackson, Sorors Doreen Bryant, Helen Brooks, Adrienne Lofton, Frances Harold, Mildred English, Anona Huntley Rhonda Baskerville, Mary Webb-Miller

Celebrating Life Membership Soror Doreen Bryant

On September 9, 2017 three Alpha sorors who were unable to attend Conclave were presented their Life Membership Certificates and pens by Soror Mary Ennon, chapter Membership Chair. Sorors Hazel Williams and Mary Webb-Miller joined their line sister (1988), Soror Sandra Webster as Life Members. Soror Gwendolyn Jackson was their Dean of Pledges. Additionally, Soror Helen Brooks joins the ranks of Life Members which totals about ten including the three Diamond Life members.

Soror Jessie Wilkerson received recognition for her 60 year membership in Alpha Chapter at

the Eastern Regional Conference. She was also, presented a special certificate and pen by the 94th Anniversary Conclave Membership Chair, Dr. Sherelene Harris.

So in summation: Alpha Chapter now has ten Life Members who have dedicated themselves to Y.E.S. We have called some members to the floor. We have Ten of them here, but always need more. And, remember, Diamond Membership is a Soror's best friend.



Soror Gwen Jackson is with her line of 1988, Sorors Hazel Williams, Sandra Webster and Mary Webb-Miller, now all Life Members



Soror Helen Brooks is chair of Children and Adult Benefits.



Soror Ennon presented Soror Wilkerson her certificate and pen for 60 years of membership.

Children and Adults Benefits Soror Helen Brooks

Alpha Chapter's Children and Adults Benefits Committee has teamed up with the American Heart Association. They have asked sorors, family and friends to crochet or knit tiny red and purple,



Alpha's crocheting/knitting team from left to right Sorors Stacey Abdul-Qawi, Gail Andrew, Helen Brooks, Bernadette Robinson and Doreen Bryant.

wool infant hats. The purple hats will be donated to hospitals in Essex and Hudson Counties for infants to wear in November for awareness of Child Abuse.

The red hats will be donated for infants to wear in February in recognition of Heart Month



Soror Doreen Bryant looks on as sorors admire her handy work.

Soror Helen Brooks reported concerns related to government's cuts from the Supplemental Nutrition Assistance (SNAP) Food Stamp program at the October meeting. She provided paper plates and markers for sorors to sign asking the officials not to cut the program. The purpose of this activity was to bring attention to the State of New Jersey's Senate that a cut in SNAP will take food from the needy. The plate campaign will be on display in Trenton, New Jersey in November.



Soror Helen Brooks is an advocate for Children and Senior Citizens.

Gifts and Good Will Soror Adrienne Lofton

November Happy Birthdays to: Sorors Gwendolyn Jackson, 11/3 and Sandra Webster, 11/26. December



Birthdays to: Sorors Erin Murphy-Richardson, 12/7; Gail Andrew, 12/8; Marilynn Jones, 12/16; Donna Scott-Motley, 12/19; Anona Huntley, 12/23.

Continue to pray for Anthropos Floyd Huntley who was hospitalized, Soror Marilynn Jones' mother who was also hospitalized. Additionally, pray for

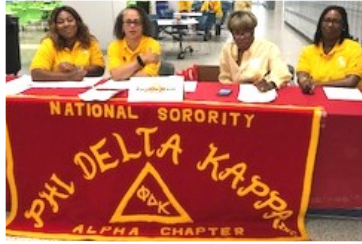
Allen Little, husband of Eastern Regional Director Noreen Little who was also hospitalized.

Condolences to Soror Lawanda Newton, Rho Chapter on the passing of her mother; Chi Chapter, Midwest region on the passing of Soror Zeline Richard; Soror Sylvia Diggs, Xi Chapter on the passing of her brother; Soror Regina Rowland Perry, Xi Chapter on the passing of her stepson; Also, Xi Chapter ask Prayers for Felicia Laury's Mother and sister, both of whom have been hospitalized. Prayers and

thanksgiving on the successful surgeries of Soror Lavetta Ross' husband and mother, one week apart. Condolences are extended the to the family and chapter of Past Supreme Basileus Marguerite McClelland; to Alpha Xi Chapter and the family of Past Supreme Basileus E. Lucille Minor. Alpha's prayers and condolences are extended to Zeta Chapter and Anthropos Clyde Henry on the passing of his wife and Chapter Basileus, Soror Hope Henry.

Cluster I Meeting

On Saturday, September 16, Alpha Chapter hosted the Eastern Region Cluster I Meeting at the Vocational High School in Jersey City, NJ with Regional Director Noreen Little presiding. Soror Lavetta Ross chairperson and



Sorors Erin Murphy-Richardson, Donna Scott-Motley, Cynthia Jones and Dr. Tamika Pollins worked on registration.



Basileus Gwendolyn Jackson welcomed everyone and introduced chapters in attendance and regional officers and chairpersons.



Soror Diana Ondande provided a warm-up activity with everyone participating.



Soror Sandra Webster co-chair along with Basileus Gwendolyn Jackson planned and executed an excellent event with chapter sorors assisting in various capacities.



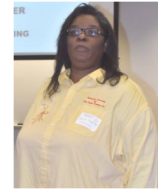
Soror Diane Hewett, Basileus of Beta Omicron Chapter provided an interactive Ice breaker.



Soror Anona Huntley, ER member-at-Large provided information on conducting a successful meeting.



Soror Marilyn Jones, ER Kudos chair presented information related to the forms for Xinos and Kudos.



Soror Veronica Sawyer-Boyd, ER Tamiouchos provided information on finances and due dates.



ER Director Little's major focus was on the characteristics of a good leader.



ER Epistoleus, Cheryl Calicott-Trawick brought greetings and was available to answer questions.



Soror Rhonda Baskerville provided a video presentation on the Conclave.



Soror Joanne Gilmore, Delta Pi Chapter Basileus took notes to provide chapters information on future events of the Cluster I chapters.



Soror Webster got everyone up and moving after a hardy lunch.



Approximately 20 Sorors of Alpha Chapter were in attendance to assist our visitors and ensure that everyone was comfortable.

Sorors on the Move Soror Frances Harold

Sorors Frances Harold and Mildred English attended Newark Beth Israel Medical Center's Annual Alma Beatty Health and Wellness Fair on Saturday, September 16. Several vendors were present to provide information and conduct testing. Testing options included blood pressure screening, Diabetic Treatment centers, a colon cancer center and a nutrition and wellness center.

There were classes on cooking for diabetics as well as stretching exercises for relaxation. Since the weather held up nicely, many of the guest were able to enjoy healthy food, games, music and line dancing in the street.



Food Pantry Volunteers Soror Frances Harold

On Wednesday, September 27, Sorors Helen Brooks and Frances Harold attended the Annual Volunteer Luncheon of the North Jersey Food Pantry at the North Jersey Food Bank Campus in Hillside, NJ. The luncheon was made possible by a grant from the Prudential Insurance Company.

The luncheon was held in the Food Bank Dining/Conference room. There is a cooking school on campus and the students do all of the cooking for events. Following a delicious luncheon of fresh garden salad, homemade rolls, chicken, fish rice and vegetables, flowers and prizes were given out. The Food Bank of Northern New Jersey is responsible for distributing millions of pounds of food annually to needy people and families.

Breast Cancer Awareness Soror Mildred English

On Saturday, October 14, at the chapter meeting Soror Mildred English, Co-chair of the Health, Nutrition and Hypertension Committee spoke about breast cancer and ways to detect abnormalities in the breasts. Following her presentation sorors were given a **Test Your Knowledge About Breast Care Quiz**. Most sorors learned that breast cancer is not most common in women with a family history of breast cancer. Soror English handed out additional information and a treat to sorors at the conclusion of her presentation.



Kudos Induction Soror Anona Huntley



Newly Inducted Kudos with President Brandon Williamson and the ER Kudos chair

On Saturday, September 24, 2017 Alpha Chapter's Kudos inducted four new members. The event took place at Monumental Baptist Church with the ceremony being conducted by the Kudos officers led by Brandon Williamson, President. The new members are Ryan Salmon, Daitaun Paradise, Joseph Caldwell and Jarrett Pinckney.

Following the ceremony remarks and presentations were made to the newly inducted Kudos by Soror Marilynn Jones, Eastern Region Kudos Chairperson and Soror Perry Jackson, Alpha Chapter's First Anti-Basileus.



Providing A Community Service Soror Rhonda Baskerville

On September 30, 2017, the Alpha Xinos, Kudos, Hub Parents and advisors, served at the New Jersey Community Food Bank to show their continued support of such a worthwhile organization. Fortunately, the youth were assigned to work with Mr. Omar, who reminded them of how blessed they were since families in Houston, Florida and Puerto Rico were desperately struggling at that time.

The assignment for the day, with Mr. Omar's guidance, was to pack all eligible goods, according to the categories provided, with the assistance of other Xinos and Kudos making the boxes for their use. The youth finished by 1:15pm and thanked the NJCFB for allowing them another opportunity to serve.



Alpha's youth show pride in doing their best while providing a service at the Food Bank. Our dedicated advisors and Hub Parents are always available to assist the young people.

FAFSA/Financial Aid Workshop Soror Rhonda Baskerville

The Alpha Xinos, Kudos and Hub Parents were fortunate to participate in a FAFSA/ Financial Aid Preparation workshop at St. Peter's University on Saturday, October 7, 2017. Ms. Dionne Hallback, associate director of financial aid at The College of New Jersey and a former Douglass College alumnae of Soror Baskerville, provided a detailed, informative, and interactive workshop for all in attendance.

The youth, 17 of which are graduating in 2018, and their parents, were encouraged to ask questions throughout the presentation, which they did. Also, a copy of the Power Point slides were given to everyone to take home, so nothing would be forgotten. Dionne did such a wonderful job that the Alpha Xinos and Kudos are looking forward to her return in 2018!



Ms. Dionne Hallback Speaking about financial aid to youth and their parents



Alpha Youth pause for a pose after taking part in an informative workshop. They took notes during the presentation and asked relative questions.



Walk for A Cure Soror Rhonda Baskerville

On Sunday, October 15, 2017, the Alpha Xinos, Kudos, Hub Parents, and advisors gathered, for the first time, at the busy corner of Broad and Market St, in Newark New Jersey, on a damp fall day for the Annual Breast Cancer Walk. The youth anxiously passed water to all of the participants as they passed them by, all while cheering them on as they strived to complete their walk for a great cause. The youth raised well over \$600 for the American Cancer Society to continue the race for a cure for breast cancer.



Alpha Chapter's Xinos, Kudos, Hub Parents and sponsors handed water to people as they walked for a cure.



Alpha Soror Honored



On Saturday, October 28, 2017 Soror Jessie Wilkerson, Alpha Chapter oldest active soror was honored by Delta Pi Chapter of Hillside, NJ for her service in the Essex County area as well as the sorority. The event was held at the Newark, NJ Marriott Hotel with several Alpha sorors including Basileus Gwendolyn Jackson in attendance.

In her remarks, Soror Wilkerson made reference to her early years and challenges as a member of the sorority. Additionally, Basileus Jackson made remarks and presented flowers to her from Alpha Chapter. We salutes our soror and her contributions to the sorority and the community.

Scholarship Soror Mary Webb-Miller

Soror Mary Webb-Miller with Basileus Gwendolyn Jackson presented a check for one thousand dollars to Shikeem R. Williams at the chapter meeting October 14, 2017.

Shikeem is a graduate of Lincoln High School, Jersey City, NJ and is the chapter's third place scholarship recipient. he is attending New Jersey City University.

Chapter sorors applauded this young man and wished him well. They offered words of encouragement and best wishes for his success.

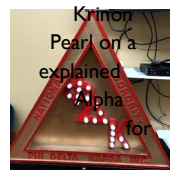


A Special Presentation



Soror Perry L. Jackson stands with her daughter Soror Rhonda J.

Baskerville and Basileus Gwendolyn Jackson as she presented a huge NSPDK, Inc Delta sign with lights representing the Pearls on the Phi Delta Kappa symbols to the chapter. This took place at the October 14, 2017 meeting. Soror Perry said she was inspired to have the sign made after attending an induction ceremony where she saw the members pointing to each similar sign as they explained the significance of each. Chapter thanks Soror Perry her thoughtful generosity.



Often times care givers ask how they can help their elderly parent at a doctor visit. Here are a few tips that will assist a care giver be a good supporter.

Bring a list of questions, starting with what is most important to you and your parent, and take notes on what the doctor recommends.

Before the appointment, ask your parent, and your siblings if they have any questions or concerns they would like you to bring up.

Bring a list of ALL medicines and dietary supplements your parent is taking, both prescription and over-the-counter, and include dosage and schedule.

When the doctor asks a question, let your parent answer unless you have been asked to do so.

Care Giving 101 Soror Doreen Bryant

It is easy to get into a two-way conversation between the doctor and yourself. Try not to do this. Always try to include both your parent and the doctor when you talk.

Respect your parent's privacy, and leave the room when necessary.

Talk to the doctor about how you can keep up to date on your parent's health if you live out of town.

Ask the doctor to recommend helpful community resources.

Some larger medical practices, hospitals and nursing homes may have a social worker on staff. The social worker may have valuable suggestions about community resources and other information



Every day millions of Americans deal with how best to care for their aging parents or other loved ones. The challenges, from ensuring basic health and safety to assisting in detailed planning for the future, are sometimes overwhelming.