

Purpose

- To stimulate professional growth among teachers.
- To foster a true spirit of sisterhood.
- To promote the highest ideals of the teaching profession.
- To encourage the development of the potential of our youth.

Alpha Chapter Officers

Basileus Gwendolyn Jackson Ist Anti-Basileus Perry Jackson 2nd Anti-Basileus Mary Ennon 3rd Anti-Basileus Stacey Abdul-Qawi Grammateus Gail Andrew Epistoleus Francenia Sheppert Tamiouchos Diana Ondande Tamias Shawnte Williams Properties Doreen Bryant Executive Advisor Sandra Webster Parliamentarian Verna Sims

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Gearing Up for A New Sororal Year!

Welcome back sorors to the 2016-2017 Sororal Year. I hope your summer was both rewarding and restful. As you know, this is my second year as Basileus of Alpha Chapter and I look forward to another year filled with many wonderful endeavors and much active participation by the sorors. We need your continued support in order for our chapter to continue to grow and prosper.

On June 28, 2016 a Planning Meeting was held to update our committees, chairpersons, and calendar of events. Additionally, information about the Lily Pearl Foundation was provided and the Budget Committee made a proposed budget for 2016-2017.

Congratulations to Soror Verna Sims on being honored by the New Jersey State Federation of Colored Women held at the Crown Plaza in Monroe Township, New Jersey June 25, Soror Jessie Wilkerson on being honored by the Newark Chapter of the Union of Black Episcopalians September 17, and Soror Frances Harold on being honored by her church family August 28.

Alpha Chapter was extremely busy during the summer as our Youth Advisors completed pledge lines with new Xinos crossing over July 8 at the Bethune Center in Jersey City, and the Kudos September 25. at Monumental Baptist Church also in Jersey City. Two former Xinos, Quinyanna Neal and Tranience Jackson-Harris became members of the KOT Club in July 2016. Both young ladies attend St. Peter's University in Jersey City.

Alpha Chapter's Krinon Club was established in September with members, Donna Scott-Motley, Tamika Pollins, and Erin Murphy-Richardson.

Our Anthropos planned and carried out a wonderful scenic trip to the Nordic Lodge in Rhode Island on September 17. Those who traveled with them enjoyed Lobster and a visit to Fox Woods Casino and Shopping Mall in CT on their return to NJ.

Several sorors attended the Eastern Regional Retreat which was held at the Kalahari Resort and Convention Center in the Pocono Mountains, PA. on October 7- 9.

The youth groups, Krinon Club, sorors and advisors took part in the Annual Making Strides Breast Cancer Walk on October 16 in Newark, NJ.

Our Annual Teach-a-Rama will be Gwendo held on October 22 from 9:30am to Basileus

1:30pm at St. Peter's University, Jersey City, NJ.

As one can see, we are truly busy already and anticipate a sororal year filled with various activities and events including our ER Executive Board Planning Meeting in February in Newark, DE, the Youth Leadership Conference in Virginia Beach, VA, March 17-19, 2017, our Eastern Regional Conference in Princeton, NJ, April 2017, and the Conclave in Little Rock, AR, in July 2017.

So Sorors, let's work together and provide the teamwork necessary to make this sororal year a Fruitful one as we strive to follow the Eastern Regional Director's goals: Recommit to Sororal Purposes, Reclaim the Sisterhood, and Renew the Spirit of NSPDK, Inc.

With Sisterly Love,



Gwendolyn L. Jackson Basileus

Alpha Soror Receives Excellence in Education Award Soror Gwendolyn Jackson

The New Jersey State Federation of Colored Women's Clubs, Inc. is a civic organization that was founded in Trenton, NJ in 1915 at St Paul A.M.E. Zion Church. Dr Florence Randolph became the first president of the Federation. In 1918 the New Jersey State Federation of Colored Women's Clubs joined the National Association of Colored Women's Clubs and the Northeastern Federation of Women's Clubs in 1922.

On Saturday, June 25, 2016 this organization honored five people;

one from each of their five regions at the Crowne Plaza Hotel in Monroe Township, NJ. Soror Verna Sims was one of the honorees. She received the Outstanding Citizen Award for Excellence in Education. Chapter Basileus, Gwendolyn Jackson was in attendance and presented Soror Sims with a bouquet of flowers on behalf of Alpha Chapter.

Soror Sims was an educator in the Jersey City Public Schools for 35 years where she taught grades 3-8, ELA, Science and Art and basic skills Reading and Math. She was also Headmistress of the Mt. Pisgah School for many years, resigning in 2001.

Alpha Congratulates Soror Sims!



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Esteemed Founders Gladys C. Nunery, Julia A. Barnes, (Mother Founder) Gladys M. Ross, Florence S. Hunt, Ella W. Butler, Marguerite Gross, Mildred M. Williams

Not Shown- Edna McConnell

Eastern Region Officers

Regional Director Noreen Little Member-at-Large Marjorie McDaniel Grammateus Clarena Jones Epistoleus Cheryl Calicott-Trawick Tamiouchos Veronica Sawyer-Boyd Tamias Shelia Evans **Executive Director Drusilla Kinzonzi** Parliamentarian Dr. Carolyn Gibson

National Officers

Supreme Basileus Charlotte M. Williams Ist Supreme Anti-Basileus Margarette Galloway 2nd Supreme Anti-Basileus Dr. Sherelene Harris Supreme Grammateus Cynthia Rosignon Supreme Tamiouchos Debra Wade Supreme Tamias Myrna Robinson Chief Editor of Krinon Dr. Brenda Burrell Nat'l P R Director Queen Malone **Executive Advisor** Supreme Parliamentarian Dr. Etta F. Carter

Headquarters Office Manager Leatha Brooks

SAVE THE DATES

Y.E.S. Planning Meeting, February 17-19, 2017, Christiana Hilton Hotel, Newark, DE

Youth Leadership Conference, March 17-19, 2017, Holiday Inn Hotel, Virginia Beach, VA. Alpha Lambda Chapter hosting

Eastern Regional Conference, April 20-23, 2017, Westin Hotel, Princeton, NJ, Pi Chapter hosting

94th Anniversary Founders' Day, May 21, 2017,

94th Anniversary Conclave, July 15-20, 2017, Little Rock, AR

Alpha News

Editor: Soror M. E. Ennon Contributors: Basileus G. Jackson, Sorors M. English, A. Huntley, S. Abdul-Qawi, R. Baskerville, A. Lofton

Alpha Soror Honored at Horsley Awards Breakfast



Soror Ennon presents floral arrangement to Soror Wilkerson

Soror Jessie Wilkerson received the Clara Horsley Leadership Award presented by the Union of Black Episcopal-ians, Diocese of Newark, NJ on Saturday September 17, 2016 at the Sixth Annual Clara Horsley Leadership Awards Breakfast. The event was held at the Chandelier in Bellville, New Jersey. The award recognizes

Newark, NJ held its 72nd

Anniversary on August 28, 2016

at 3:30 in the afternoon. As part

of the service the Matriarchs and

Patriarchs of the church were

Our own Soror Frances Harold

Matriarchs of the church. She has

been a member of her church for

a great number of years and is

Women's Ministry which plans

currently cochairman of the

was honored as one of the

honored.

lay members and/or clergy in the Diocese of Newark, New Jersey who demonstrate great leadership qualities a willingness to serve in promoting God's kingdom in their respective churches, and by serving on the diocesan level.

Soror Jessie has been a member of the Church of Epiphany Episcopal Church, Orange, NJ for 50 plus years. She was the first female senior warden and cross bearer; past vestry and choir member and is currently chair of the Altar Guild, member of the Program Committee and, chairperson of the Scholarship Committee.

As vice-president of the Episcopal Church Women's Diocesan Board, she initiated and continues to coordinate the "Honoring of

Women Program."

Each year two women from each of the 100 churches in the Diocese of Newark which includes Bergen, Essex, Hudson, Passaic, Sussex, and Union Counties are honored for enriching the spiritual lives and promoting the cultural growth within their churches.

Alpha Sorors Mildred English, June Day, Marilynn Jones and Frances Harold were in attendance at the event. Soror Mary Ennon who also attended the breakfast presented a Floral arrangement of roses and a congratulatory card to Soror Wilkerson from Alpha Chapter on behalf of the Basileus, Soror Gwendolyn Jackson.

Alpha Congratulates our Soror!

Church Honors Alpha Soror Soror Mildred English

The Tabernacle Baptist Church in and executes the church's Annual Women's Day, their Prayer Breakfast as well as their Women's Retreat.

> Soror Harold received a Ribbon of Distinction and a Special Certificate. In addition she and each of the 21 other honorees received a Resolution from the City of Newark signed by Mayor Ras Baraka.

The scripture for the occasion was taken from the Book of James 5:16: "The effective

fervent prayers of a righteous man availeth much."

Soror Harold is chair of the chapter's Health, Nutrition & Hypertension Committee. Congratulations to our Soror!



Soror Harold received a Resolution from the City of Newark., NJ

Gifts and Good Will Soror Adrienne Lofton

The following ladies celebrated birthdays in September: Sorors Frances Harold, 9/10; Verna Sims 9/14; Leisa Brown 9/16;

Mildred English, 9/19; Adrienne Lofton 9/26;Hazel Williams 9/30. Soror Stacey Abdul-Qawi celebrated her birthday 10/21. Basileus Gwendolyn Jackson will celebrate her birthday 11/3 and Soror Sandra Webster will be celebrating on I I/26.

Several Alpha Sorors traveled to Plainfield, NJ on August 5, 2016 to conduct the Omega Service for our departed, Soror Eunice Burton. Send condolences to Soror June Day on the passing of her sister-in-law.

Cards and get well wishes go out to Soror Francenia Sheppert who was hospitalized at Hackensack University Medical Center in September. Basileus Jackson and Sorors Bryant and Ennon paid her a visit.



Send messages of cheer to our Eastern Region Tamias, Soror Sheila Evans who is recovering from a surgical

procedure. Send messages of encouragement to Soror Angie Despinasse -Walton, Epsilon Chi Chapter. Remember our Red and Gold Sorors. They love receiving calls and messages of cheer.

K O T Inducts New Members Soror Stacey Abdul-Qawi

Alpha Chapter's Kappa Omicron Tau (KOT) members inducted two young ladies into their group in July. The young ladies are Traniece Harris and Quinyanna Neal. Both young ladies are in their second year of study at St. Peters University in Jersey City, NJ. Several Alpha sorors were in attendance.

Chapter Basileus, Gwendolyn Jackson gave encouraging remarks as she welcomed the newest members to our fold of youth. Sorors Stacey Abdul





Basileus Jackson and Advisors greet new кот Members



Kudos Welcome New Members Soror Anona Huntley

On Sunday September 25, 2016, service and other activities in the Alpha Chapter Kudos inducted seven new members into their ranks. Several Alpha Sorors as well as parents, other family members and guests were in attendance. The new Kudos are: Zuri Phillips, Isaiah Moses, Marcel Paradise, Justin Tune, Eric Smith. Dukenson Phanord-Riche, and Tahshaun Townes.

They are excited and eager to

which to the Kudos take part. Their advisors are Sorors Francenia Sheppert and Anona Huntley.



Welcome to Alpha's new Kudos

Life After High School: A College Board Investigation Soror Rhonda Baskerville

On October 2, 2016, the Alpha Xinos and Kudos met at Monumental Baptist Church Educational Center for an educational workshop entitled, "Life After High School: A College Board Investigation", led by Alpha Xinos Advisor, Soror Rhonda Baskerville. Xinos and Kudos were asked to sit according to the year of their high school graduation.

Soror Baskerville gave each person a mini white board to write down one thing that they were most anxious about in 2016 regarding life after high school following her introductory speech about her findings in the school systems from the places she has worked. Students were encouraged to be honest with themselves and to

write what they felt, since no answer could be deemed right or wrong. While Soror Baskerville circulated the room, she noticed that some students stated their concerned about their high school transcript, overall GPA, grades, SAT/ACT, and college choice, to name a few.

Each of the youth were given a large I Ix17 sheet of paper, with a table to complete. Everyone was expected to take out their electronic device and go to www. collegeboard.org, find College Planning, and research two four-year colleges or universities, one of which had to be in New Jersey. Each student completed their table individually, followed by two of four reflection questions on the back of the paper. When time was called, all members of

the Classes of 2017-2020 came together to create a list of at least five overall challenges and benefits from their research. Once completed, Soror Baskerville invited each group to come to the front of the room and discuss their findings with a Xinos discussing the challenges and a Kudos discussing the benefits.

Soror Baskerville gave each student an exit ticket where they had to write down one thing that they know they need to do in the upcoming week as a result of attending this workshop and life after high school planning. Special Kudos to Kudos advisors Sorors Anona Huntley and Francenia Sheppert who worked with the ninth graders whose focus was on their challenges of starting high school. They

along with Soror Baskerville, and provided useful information to the group. All youth were actively engaged and worked well with each other for a successful and productive afternoon.



Youth work on group activity



Back to School 2016-2017 Soror Rhonda Baskerville

On August 27, 2016, Sorors Rhonda Baskerville and Shawnte Williams met with the excited 2016-2017 Alpha Xinos Executive Board at the Jersey City Public Library to discuss plans for the new year. The young ladies voiced their concerns, plans, as well as hopes and expectations for the group for the upcoming year.

On September 18, 2016, the Alpha Xinos met officially, for the first time, at the Office energized to start the new year. General rules and procedures were discussed as well as a thorough review of the year's calendar, including Xinos and Kudos activities along with an initial discussion of conference ideas and fundraising plans. There are 24 Xinos, led by their President Deneyah Carter,

Vice President Chante Pettiford, Secretary Chevon Williams, Financial Secretary Brandi Davis, Treasurer Zi'Mia Serrano, and Parliamentarian Alexis Amo-Krah. All of the officers are Juniors.



Xinos getting organized for 2016-2017 Year



Back to School Barbecue Sorors R. Baskerville/A. Huntley

On September 24, 2016, Soror Verna Sims hosted the annual Xinos/Kudos Back to School Barbecue at her home in Jersey City. Kudos Advisor Anona Huntley slaved over the grill to make sure that everyone's stomach would be content! Kudos Advisor Francenia Sheppert facilitated the "Get to Know You" activities led by the Xinos President, Deneyah Carter, and the Kudos President, Jeremiah Sheppert . Alpha Xinos and Kudos participated well in all



activities and discussions prior to standing on line to fill their plates for an early dinner. Xinos Advisor Rhonda Baskerville made sure to photograph all of the festivities while keeping a watchful eye on future Xinos, Journey Baskerville. Lastly, Sorors Perry Jackson and Diana Ondande used their time wisely by meeting with Hub Parents to further solidify their plans for the 2016-2017 year to support Alpha's youth groups' events.



Youth enjoy Back to School BBQ



A Bit of African American History

Martha Euphemia Lofton Haynes, First African American Woman Mathematician Born: 1890; Died July 25, 1980

In 1943, Euphemia Lofton Haynes earned her Ph.D. in Mathematics at The Catholic University in Washington, D.C., thus becoming the first African American Woman Ph. D. in Mathematics.

Born Martha Euphemia Lofton, Euphremia was a fourth generation Washingtonian, her father was Dr. William S. Lofton, a prominent Black D.C. dentist and financier of Black businesses in the area. Her mother, Lavinia Day Lofton, was active in the Catholic church as later was Euphemia. She graduated high school from Washington's Miner Normal School in 1909. Four years later, she received a B.A. in Mathematics (minor in Psychology). In 1917, she married Harold Appo Haynes who later became a principal and deputy superintendent in charge of Washington's "colored schools." In 1930, Haynes received a masters degree in **education** from the University of Chicago, where she also did further graduate study in mathematics. She earned a doctorate degree in mathematics from Catholic University of America (CUA) in 1943, becoming the first black woman to receive a Ph.D. degree in mathematics.

Dr. Euphemia Haynes had a distinguished career in Washington. She taught in the public schools of Washington, DC for forty-seven years and was the first woman to chair the DC School Board. She was a teacher of first grade at Garrison and Garfield Schools; a teacher of mathematics at Armstrong High School, an English teacher at Miner Normal School; she taught mathematics and served as chair of the Mathematics Department at Dunbar High School; she was a professor of mathematics at Miner Teachers College (established the mathematics department) and at the District of Columbia Teachers College for which she also served as chair of the Division of Mathematics and Business Education. After her 1959 retirement from the public school system, she was head of the city's Board of Education, and was central to the integration of the DC public schools.

Dr. Haynes established the mathematics department at Miners Teacher's College where she was a professor of mathematics. She taught at the District of Columbia Teachers College for which she also served as chair of the Division of Mathematics and Business Education. She occasionally taught part-time at Howard University. Haynes was active in many community activities. She served as first vice president of the Archdiocesan Council of Catholic Women, chairman of the Advisory Board of Fides Neighborhood House, on the Committee of International Social Welfare, on the Executive Committee of the National Social Welfare Assembly, as secretary and member of the Executive Committee of the DC Health and Welfare Council, on the local and national committees of the United Service Organization, and as a member of the National Conference of Christians and Jews, Catholic Internacial Council of Washington, the Urban League, National Association for the Advancement of Colored People, League of Women Voters, and the American Association of University Women. Upon her death in 1980, she bequeathed \$700,000 to Catholic University in a trust fund established to support a professorial chair and student loan fund in the School of Education. Thus, there is a scholarship fund and an **education department chair** named in honor of Dr. Euphemia Lofton Haynes at The Catholic University.

A **caregiver** or *carer* is an unpaid or paid person who helps another individual with an impairment with his or her activities of daily living. Any person with a health impairment might use caregiving services to address their difficulties. Caregiving is most commonly used to address impairments related to old age, disability, a disease, or a mental disorder.

Typical duties of a caregiver might include taking care of someone who has a chronic illness or disease; managing medications or talking to doctors and nurses on someone's behalf; helping to bathe or dress someone who is frail or disabled; or taking care of household chores, meals, or bills for someone who cannot do these things alone.

With an increasingly aging population in all developed societies, the role of caregiver has been increasingly recognized as an important one, both functionally and economically. Many organizations which provide support for persons with disabilities have developed various forms of support for careers as well.

A primary caregiver is the person who takes primary responsibility for someone who cannot

Exploring the Area of Caregiving

care fully for themselves. It may be a family member, a trained professional or another individual. Depending on culture there may be various members of the family engaged in care. The concept can be important in attachment theory as well as in family law, for example in guardianship and child custody.

A fundamental part of giving care is being a good communicator with the person getting care. Care is given with respect for the dignity of the person receiving care. The carer remains in contact with the primary health care provider, often a doctor or nurse, and helps the person receiving care make decisions about their health and matters affecting their daily life.

Spectrum for Living, a 501C3 organization was founded in 1978 by a small group of parents who had children with disabilities. They had a fear regarding who would care for their children when they could no longer do so.

Spectrum is guided by one principle, that people with disabilities have the same right as anyone else to experience a fulfilling and meaningful life. Spectrum for Living provides the physical and emotional support that every individual needs to achieve their full potential.

Each year Spectrum for Living sponsors a Tricky Tray Fundraiser in support of individuals with developmental disabilities. Soror Ennon attended this year's event at Seasons in Washington Township, NJ to support a friend who is suffering from Multiple Myeloma which is a form of cancer, and is the caregiver for a disabled adult son living in one of this organization's five group homes.



Soror M. Ennon with friends supporting a worthy cause.

* Information on caregiving taken from Wikipedia, the free encyclopedia.